



San Pasqual Academy

Home of the Mighty Dragons!

Bulletin

As of November 30, 130 youth are living and studying at the Academy.

School Days...

- ♦ Can you hear the Dragons football team chanting, "We are the champions"? It's true! The Dragons, with an 11-1 record for the season, defeated Borrego Springs at Ramona High on November 26th with a half-time score of 45-0 to capture the California Interscholastic Federation (CIF) San Diego Section 8-Man championship title! The team was thrilled with its victory. What a terrific accomplishment after only four seasons of league play!

Residential Info...

- ♦ Aspiring magician Brian D. was entertained at Syd Segal Presents a Night of Doc Eason Magic on November 2nd in San Diego.
- ♦ On November 3rd, Stacey S. Adriana, R., Belen G., and Jacob A. went with their eighth grade class to the Civic Theatre downtown to see the production of original two-act plays based on five short stories.
- ♦ Four boys and a staff member watched the San Diego Gulls hockey team play at the ipayOne Center on November 5th. Chris D. joined his sixth grade class at San Pasqual Union Middle School on a very special field trip to the Los Angeles County Museum of Art to visit the Tutankhamun and the Golden Age of the Pharaohs exhibit.
- ♦ On November 8th and 15th, staff accompanied several youth to concerts by popular artists in El Cajon and San Diego. The youth had a great time rocking out to the music!
- ♦ Eight girls and their houseparents stayed up into the wee hours to attend the midnight premier of Harry Potter and the Goblet of Fire on November 15th.
- ♦ Five students and staff had a night of fun skating at a local roller rink in Escondido on November 25th.
- ♦ On November 26th, a victory party was held in the girls' recreation room for the Academy's Varsity Dragon football players.
- ♦ On November 27th, students got into the holiday spirit at a performance of The Nutcracker. The fifteen tickets were donated by Donalda Shepardson, President of Creating Safer Havens, Inc..

WHAT'S NEW

- ♦ The Escondido Downtown Rotary honored Academy students, Monisha N. and Shane H., as Outstanding Students of the Quarter on November 22nd. Both students attended the Rotary meeting, and received a framed plaque, a certificate of outstanding achievement, and a \$25 gift card to Target. Keep up the good work, Monisha and Shane!
- ♦ The Friends of San Pasqual Academy hosted an All-Staff appreciation lunch in the campus auditorium on November 9th. Each staff member received a gift for his or her hard work and dedication to the Academy youth!

Work Readiness and Self Sufficiency...

- ♦ Twenty-nine students are working on- and off-campus in internships and paid employment.
- ♦ On November 7th, 13 students interested in the medical field took an extensive tour of Palomar Hospital and received information on the variety of job opportunities available in the medical arena. At the conclusion of the tour, the students were treated to lunch and each received a set of scrubs to take home.
- ♦ On November 8th and 22nd, Adrean Askerneese, the Academy's school counselor, presented scheduling strategies and the meaning of units and credits to students. This information will assist the students in planning for graduation and setting goals for college. These presentations took place on campus in the Career and Life Skills Planning classroom.
- ♦ Throughout the month of November, students applying for University of California and California State University schools were able to attend workshops in the Career Center to meet the November 30th college application deadline.
- ♦ The Multi-Media class was asked by Casey Family Programs to design a layout and graphics for a poster on the Foster Youth Bill of Rights that will be widely distributed throughout California.
- ♦ The student-run Dragon's Lounge is undergoing a transition period, and will re-open after the holidays with new staff and new products.

Health and Wellness...

- ♦ On November 1st, the Academy nurse and health educator began their house-to-house hygiene training. Youth in each of the 18 homes will receive the training.
- ♦ Fifteen students in the school's health class made PowerPoint presentations on a health topic of their choice on November 4th. Presentation topics included drunk driving, dieting, and depression. The health educator helped facilitate the presentations.
- ♦ On November 8th, three students watched Swing Kids in the Health and Wellness Center. The movie led into a discussion about racial prejudice.
- ♦ In observance of the Great American Smoke Out on November 17th, the Health and Wellness Center Coordinator quizzed 25 students and ten staff in the Cyber Café during lunch on their knowledge of tobacco. It was a fun, informal way to provide tobacco awareness.
- ♦ On November 29th, the health educator provided nutrition training to residential staff in the Auditorium. The training included basic tips on reading food labels and identifying ingredients such as saturated fats. The staff in turn will share this information with students to reinforce the importance of healthy eating habits.
- ♦ Rick Pearson, karate instructor with Family Karate, presented a karate demonstration in the Health and Wellness Center on November 30th. Six students attended the demonstration.

Alumni Housing Program...

- ♦ Eighteen graduates of the Academy are currently living in Alumni Housing. All of them are enrolled in College, working, or both!

San Pasqual Academy Neighbors (An Intergenerational Mentoring Program)...

- ♦ Food plays an important role in the SPAN Program! Not only are preparing food and baking desserts fun, these activities help build a bond between the grandparents and the Academy youth. The newest item to hit the SPAN menu in November is smoothies! Grandma Joan introduced this healthy snack, and now there is a bit of competition for her time between the girls' and boys' homes.
- ♦ Grandma Jane hosted the November birthday celebration, with all the grandparents and a dozen students participating in the special occasion.
- ♦ Grandma Jane is also teaching a Crafts Class in the Arts and Crafts Room. The class has been well received with many youth participating.



For more information about how you can help the Academy with donations or volunteer opportunities, please call Debby Syverson at (619) 435-4557.

Go Dragons!